Fort Leavenworth Family Life Center





Testimonials

"We feel like he doesn't give us the answers, but gives us tools to find our own answers. He is never judgmental and easy to talk to. We have learned a lot about ourselves and each other. This has helped so we can move forward in our relationship."

"My experience at the CFLC was excellent. The situation that brought me to CFLC was extremely traumatic. I felt my needs were met immediately. I am better able to cope with the stress and uncertainty of the situation."

"Both my wife and I were not sure what to expect, but [the Family Life Chaplain] provided the insight and counseling we needed to get back on track. Frankly, we couldn't have asked for more."

"I am extremely grateful for the wonderful counseling services I received. [The Family Life Chaplain] has been blessed with the gift of counseling that has helped strengthen our family and my relationships. Family Life is a wonderful community resource that I will definitely be recommending to others in need."

" I was very happy with the counseling I received from [the Family Life Chaplain]. I have recommended him to others and they are very impressed as well as doing better."

We Help Relationships Work

Our goal at the Family Life Center is to help you experience the positive interactions that make it safe to tackle any kind of issue or difference.

Combat stress, parenting stress, challenges at work, and challenges at home are all made better by stronger, safer bonds.

Stronger bonds make it possible to trust one another, and to heal breaks in faith, in hope, and in love. You matter to God and we honor you.

To improve your relationships we believe:

Your dreams and desires matter. Getting clear on what you want is the first step to growing closer.

Change requires commitment. Sometimes things can seem to "get worse" before they get better. Success involves trusting the process.

Change plus time equals reality. It can take a while for changes to become believable to one another.

Marriage is math. Satisfying relationships have over five times as many positive interactions as negative. Therapy involves not only getting out of the cycle of negativity, but building new patterns that are positive.

We Have Met The Enemy

The enemy is not you. It is the negative cycle that makes it unsafe to honestly communicate. The Family Life Center is a safe place to talk.

Our focus is not the blame game but to find solutions. This involves honoring one another's deepest needs. This entails learning new ways to interact so your marriage becomes positive enough to survive the stress and hurts that are inevitable in family life.

At the Family Life Center you have a safe place to try new things that make a lasting difference.

We believe you were made in the image of God. Your life has purpose and your bonds are sacred. In support of your commitment to change, we'll help mobilize your faith to grow in hope and love.

Because deep change is spiritual, we care for your soul. We honor your religious freedom and honor your cultural needs and commitments.

If you seek a particular need that the Family Life Chaplain cannot provide, we are able to refer you to other qualified professionals.

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Soldier Resiliency Center



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Counseling by appointment